



Welcome to Prayer Cards.

The front of each card is a table blessing to guide your prayer before the meal. Pick one for each day of the month, or shuffle and draw from the deck. The back of each card has an inspiring word from the Bible and a table topic. As food is good for the body, prayer and conversation are good for the soul.

Suggestions for Using Prayer Cards

- ▲ From meal to meal let each person choose a prayer card from the deck. This can be random or by taking the top card from the deck.
- ▲ Read the prayer before the meal. You may want to continue with silent prayer or your own spoken prayer. The prayers with suggested tunes can be either read or sung.
- ▲ As you begin to eat, the leader reads the scripture on the back of the card, and then invites each person to respond to the Table Topic for the day.

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Be Present

(Tune: "The Doxology")

Be present
at our table, Lord.
Be here and
everywhere adored.
Your goodness bless
and grant that we
May thankful and
more loving be.
Amen.

From the Bible

Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? And can any of you by worrying add a single hour to your span of life? But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. (Matthew 6:25,27,33)

Table Topic

Tell about yesterday and how you spent your day, or something you've been worried about lately.



Johnny Appleseed

Oh, the Lord is good to me,
And so I thank the Lord
For giving me the things I need,
The sun and the rain,
and the apple seed,
The Lord is good to me.
Amen.

From the Bible

O Lord, our Sovereign, how majestic is your name in all the earth! You have set your glory above the heavens. When I look at your heavens, the work of your fingers, the moon and the stars that you have established; what are human beings that you are mindful of them, mortals that you care for them? O Lord, our Sovereign, how majestic is your name in all the earth! (Psalm 8:1, 3, 4, 9)

Table Topic

Tell about something that amazes you about the world or our God who created the universe.



Thank You for the World

Thank You for the world so sweet!
Thank You for each friend we meet!
Thank You for the food we eat!
Thank You, God, for everything!
Thank You, God, for everything!
Amen.

From the Bible

Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord. (Joshua 24:14-15)

Table Topic

Tell each one at the table “thanks” for something they did to help or serve you recently.