

# OUR PLAN

**STEP THREE:** After discussing the topics, agree to a plan for each one. If you need more space, grab extra sticky notes or a sheet of paper to expand your ideas. Sign the agreement, post in the room or keep in a safe place.



It's a good idea periodically to evaluate how the plan is working. The first review of our plan will be on \_\_\_\_\_ (date). As issues come up or things change, we will negotiate changes to our plan. If we need help from the residence life staff, we'll ask for it.

Signatures (everyone signs):

# TALKPOINTS

for Roommates

- Directions:
1. Fill out pages 1 & 2 on your own.
  2. Meet to discuss the topics.
  3. Create "Our Plan" on page 3.



# ROOMMATE TOPICS

**STEP ONE:** Fill out the first two pages on your own.

## SLEEP (check statements you agree with)

I like to go to sleep around \_\_\_p.m. \_\_\_a.m., and I usually wake up around \_\_\_a.m.  
I have a hard time sleeping  if the lights are on or  if there's talking or noise.  
 Wake me if you know I need to be somewhere important.  
 Let me sleep in, even if you know I need to be somewhere.  
More specific ideas about sleep and quiet that might go into our roommate plan: \_\_\_\_\_

## STUDY HOURS (check statements you agree with)

When I study...  I need quiet.  Activity/noise don't bother me.  
I'll probably do most of my studying  in our room.  somewhere else.  
 I like the idea of having regular study/quiet hours in our room.  
More specific ideas that might go into our roommate plan: \_\_\_\_\_

## FOOD (check statements you agree with)

You're welcome to eat or drink whatever's mine.  
 I prefer to keep our food/snacks/beverages separate.  
 We might be able to share some things. Let's talk about how to handle this.  
More thoughts about organizing our food, using the refrigerator, & purchasing: \_\_\_\_\_

## OUR STUFF ((like computers, TV, phones, music devices, sound system, microwave, games/gaming systems, etc.)

Here's a list of some of my stuff you can use without asking:  
\_\_\_\_\_  
\_\_\_\_\_

Here's a list of stuff I want you to ask about before using:  
\_\_\_\_\_  
\_\_\_\_\_

Personal stuff I don't want you to use:  
\_\_\_\_\_  
\_\_\_\_\_

## PRIVACY & GUESTS (check statements you agree with)

If you plan to have guests...  
 Ask me ahead of time to make sure it's OK.  There's no need to ask.  
 If I need to study or sleep, please find another place for your guests.  
 If I need for your guests to leave, I'll let you know.  
 For overnight guests, give me at least a day's notice.  
More specific ideas about privacy that might be a part of our plan: \_\_\_\_\_

## CLEANING (check statements you agree with)

I don't mind a messy room.  I like a clean room.  I don't mind cleaning.  
 I don't like to clean.  I think we need to share the cleaning chores equally.  
 It might be a good idea to have a regular cleaning schedule and plan.  
A list of specific cleaning chores we'll need to do regularly include: \_\_\_\_\_

Chores I'm willing to do: \_\_\_\_\_

More specific ideas that might go into our plan: \_\_\_\_\_

## COMMUNICATION (check statements you agree with)

I'm usually direct.  I know when we need to talk.  
 I'm sometimes indirect. Let me know if you think we need to talk.  
When issues come up and we need to talk, you can:  
 tell me directly  write a note  suggest we meet with the residence life staff to talk  
 other \_\_\_\_\_  
More specific ideas about discussing & resolving issues or conflicts: \_\_\_\_\_

## OTHER TOPICS

**Discuss your thoughts/ideas/experiences for each of the following:**

- alcohol use/abuse
- family concerns
- medical issues/allergies
- laundry
- pet peeves
- taking messages
- religious background
- dating relationships
- tobacco
- questions I have about housing policies and guidelines

Fill in the sticky notes with more that would be good for your roommates to know about you:



**STEP TWO:** Arrange to meet with your roommate(s) for your discussion. You may also want to have a residence life staff member help with the conversation.